

Information For the Use of
Amla Juice

Rachitayu Amla Juice

Brand Name: Rachitayu Amla Juice

Dosage Form: Juice

Composition:

Each 100 ml contains:

- Amla (*Emblica officinalis*) Extract q.s.
- Permitted preservatives and excipients q.s.

Description:

Rachitayu Amla Juice is a herbal formulation derived from Amla, a rich natural source of Vitamin C and antioxidants. It is indicated as a health supplement for supporting liver function, enhancing skin and hair health, and promoting digestive wellness. It helps in detoxifying the body, improving metabolism, and strengthening natural immunity.

Indications:

Indicated for:

- Liver health support
- Skin and hair nourishment
- Constipation and digestive support

It helps in improving digestion, enhancing skin glow, strengthening hair, and supporting overall vitality.

Dosage & Administration:

Adults: 20–30 ml twice daily or as directed by the physician.

Can be taken with water, preferably on an empty stomach.

Shake well before use.

Pharmacological Action:

- Amla (*Emblica officinalis*) is rich in Vitamin C, flavonoids, and polyphenols with potent antioxidant properties.
- It supports liver function by aiding detoxification processes.
- It enhances collagen synthesis, contributing to healthy skin and hair.
- It promotes digestive health and acts as a mild natural laxative.

These actions help in maintaining overall health and well-being.

Side Effects:

Generally well tolerated when used as recommended.

Mild gastric irritation or acidity may occur in sensitive individuals.

Hypersensitivity reactions are rare.

Precautions & Warnings:

- Use with caution in patients with known hypersensitivity
- Not recommended in excessive doses
- Pregnant and lactating women should consult a healthcare professional before use
- Discontinue use if any adverse reaction occurs

Drug Interactions:

May interact with antidiabetic or anticoagulant medications.

Consult a physician if taking other medications.

Storage:

Store in a cool, dry place below 25°C.

Protect from direct sunlight.

Keep the container tightly closed after use.

Keep out of reach of children.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I, Panchkula-134113

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