

Information For the User
Telmisartan IP 40mg + Chlorthalidone 12.5 + Cilnidipine 10mg Tablets

Telbolife CLC 12.5 Tablet

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Dosage Form: Tablet

Composition:

Each film coated tablet contains:

Telmisartan I.P. 40 mg

Chlorthalidone I.P. 12.5 mg

Cilnidipine I.P. 10 mg

Description:

Telbolife CLC 12.5 Tablet is a combination antihypertensive formulation containing Telmisartan, Chlorthalidone, and Cilnidipine. It is used in the management of hypertension when single or dual therapy is insufficient. The combination works through complementary mechanisms to effectively control blood pressure by relaxing blood vessels, reducing fluid retention, and improving vascular resistance, thereby lowering the risk of cardiovascular complications.

Indications:

Hypertension

Management of uncontrolled or resistant high blood pressure

Prevention of cardiovascular complications associated with hypertension

Dosage & Administration:

Dosage should be taken as directed by the physician.

Tablet should be swallowed whole with water, preferably at the same time each day.

Pharmacological Action:

Telmisartan is an angiotensin II receptor blocker (ARB) that relaxes blood vessels and lowers blood pressure.

Chlorthalidone is a thiazide-like diuretic that helps eliminate excess sodium and water from the body, reducing blood volume and blood pressure.

Cilnidipine is a calcium channel blocker that relaxes vascular smooth muscles and improves blood circulation.

The combination provides effective and sustained control of blood pressure through multiple mechanisms.

Side Effects:

Dizziness

Headache

Fatigue

Electrolyte imbalance

Peripheral edema

Precautions & Warnings:

Use under medical supervision only.

Regular monitoring of blood pressure, kidney function, and electrolytes is recommended.

Use cautiously in patients with renal or hepatic impairment.

Not recommended during pregnancy unless prescribed by a physician.

Drug Interactions:

May interact with other antihypertensive drugs, diuretics, potassium supplements, and certain NSAIDs.

Consult physician before using with other medications.

Storage:

Store below 25°C in a dry place.

Protect from light and moisture.

Keep out of reach of children.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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