

# Panpital L Capsule

Levosulpiride (75 mg) + Pantoprazole (40 mg) Capsule

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## Description:

Levosulpiride 75 mg and Pantoprazole 40 mg combination capsule is a medication used primarily for the treatment of gastrointestinal disorders, such as acid reflux, dyspepsia, and gastroparesis.

Levosulpiride is a prokinetic agent that enhances gastrointestinal motility, while Pantoprazole is a proton pump inhibitor (PPI) that reduces gastric acid secretion. Together, these drugs provide effective relief from symptoms of nausea, bloating, indigestion, and acid-related stomach discomfort.

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## Composition:

- Levosulpiride: 75 mg
  - Pantoprazole: 40 mg
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## Indications:

This combination capsule is indicated for the treatment of:

1. **Gastroesophageal Reflux Disease (GERD):** Helps control symptoms of acid reflux, heartburn, and regurgitation.
2. **Dyspepsia (Indigestion):** Relieves discomfort caused by acid, bloating, and nausea.

3. **Gastroparesis:** Improves stomach motility in conditions involving delayed gastric emptying, such as in diabetic patients.
  4. **Nausea and Vomiting:** Prevents nausea and vomiting associated with acid reflux and other gastric disorders.
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## Mechanism of Action:

- **Levosulpiride:** As a dopamine antagonist, it promotes motility in the upper gastrointestinal tract by increasing the frequency of gastric contractions, helping food move efficiently through the stomach. It also prevents nausea and vomiting by blocking certain brain receptors that trigger these sensations.
  - **Pantoprazole:** A proton pump inhibitor (PPI) that blocks the proton pump in the stomach lining, reducing the production of gastric acid, providing relief from acid reflux, ulcers, and other acid-related symptoms.
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## Dosage and Administration:

- **Usual Adult Dose:**
  - One capsule (75 mg Levosulpiride + 40 mg Pantoprazole) taken once daily, preferably 30 minutes before a meal, or as prescribed by your healthcare provider.
- **Administration:**

- Swallow the capsule whole with a glass of water. Do not chew, crush, or open the capsule.

combination during pregnancy and breastfeeding has not been fully established.

4. **Cardiac Conditions:** Patients with a history of heart conditions or arrhythmias should be monitored closely.
5. **Long-Term Use:** Prolonged use of Pantoprazole may increase the risk of bone fractures and magnesium deficiency.

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### Side Effects:

- **Common:**
  - Diarrhea, constipation, headache, dizziness, dry mouth, abdominal discomfort, or nausea.
- **Serious but Rare:**
  - Cardiac issues: Irregular heartbeat, palpitations (due to changes in heart rhythm).
  - Endocrine effects: Gynecomastia (breast enlargement in men), and galactorrhea (excessive milk production).
  - Severe gastrointestinal reactions: Persistent stomach pain, black tarry stools (possible sign of gastrointestinal bleeding).

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### Storage:

- Store at room temperature (15-30°C), away from direct light, moisture, and heat.
- Keep the capsules tightly closed and out of reach of children.

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### Note:

Follow your healthcare provider's instructions carefully when taking this combination capsule. Do not skip doses or stop taking the medication abruptly without consulting your doctor. If you experience any severe side effects such as allergic reactions, stomach bleeding, or unusual symptoms, seek medical attention immediately.

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### Precautions:

1. **Liver Disease:** Use with caution in patients with liver disease, particularly with Pantoprazole. Liver function may need to be monitored during treatment.
2. **Renal Impairment:** Levosulpiride is excreted by the kidneys, so dose adjustments may be needed in patients with kidney problems.
3. **Pregnancy and Breastfeeding:** Consult a doctor before using this medication if pregnant or breastfeeding. The safety of this

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