

Information For the User  
Domperidone (20mg) + Domperidone (10mg) + Esomeprazole (40mg)

# Esoable Duo Capsule

## Composition:

Each hard gelatin capsule contains:

Domperidone I.P. .... 20 mg

Esomeprazole Magnesium Trihydrate I.P. equivalent to Esomeprazole ..... 40 mg

Excipients ..... q.s.

## Description:

Esoable Duo Capsule is a dual-action formulation combining Domperidone, a prokinetic agent, and Esomeprazole, a proton pump inhibitor (PPI). This combination is used for the management of gastroesophageal reflux disease (GERD), acid-related dyspepsia, and conditions associated with delayed gastric emptying. Domperidone enhances gastrointestinal motility and prevents nausea, while Esomeprazole effectively suppresses gastric acid secretion, promoting mucosal healing and symptom relief.

## Indications:

Gastroesophageal reflux disease (GERD)

Erosive esophagitis

Acid reflux and heartburn

Functional dyspepsia with delayed gastric emptying

Adjunctive therapy in peptic ulcer management

## Mechanism of Action:

Domperidone is a dopamine D<sub>2</sub> receptor antagonist that enhances gastric emptying and increases lower esophageal sphincter tone, reducing reflux episodes.

Esomeprazole selectively inhibits the H<sup>+</sup>/K<sup>+</sup>-ATPase enzyme in gastric parietal cells, blocking the final step of acid secretion and maintaining a sustained increase in gastric pH.

## Dosage and Administration:

Adults: 1 capsule once daily, preferably 30 minutes before meals or as directed by the physician.

To be swallowed whole; do not chew or crush.

## Side Effects:

Headache, dizziness

Abdominal pain, diarrhea, constipation

Dry mouth

Hyperprolactinemia with prolonged use of Domperidone (rare)

Rare: Rash, hypersensitivity reactions

## Precautions:

Avoid in patients with gastrointestinal bleeding, obstruction, or perforation

Use with caution in hepatic impairment and severe renal dysfunction

Long-term use of Esomeprazole may increase the risk of vitamin B12 deficiency and hypomagnesemia

Contraindicated in known hypersensitivity to PPIs or Domperidone

Use in pregnancy and lactation only if clearly indicated by the physician

**Storage:**

Store in a cool, dry place below 25°C. Protect from moisture and direct sunlight. Keep out of reach of children.

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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