

# Metaniff Nasal Spray

## Mometasone (50 mcg) Nasal Spray:

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### Mometasone Nasal Spray (50 mcg) Overview

#### Generic Name:

Mometasone Furoate

#### Brand Names:

Nasonex, Elocon, or generic equivalents

#### Dosage Form:

Nasal Spray, 50 mcg per spray

#### Drug Class:

Corticosteroid (Nasal)

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#### Indications:

Mometasone Nasal Spray is used for:

1. **Allergic Rhinitis (Hay Fever)** – Relief of nasal congestion, sneezing, itching, and runny nose caused by seasonal or perennial allergies.
  2. **Nasal Polyps** – Treatment of nasal polyps in adults.
  3. **Chronic Sinusitis** – As an adjunct therapy to antibiotics for symptoms of sinus inflammation.
  4. **Prevention of Seasonal Allergies** – In adults and children 12 years and older, to prevent nasal symptoms before the allergy season begins.
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#### How It Works:

Mometasone is a corticosteroid that reduces inflammation in the nasal passages by inhibiting the

release of substances that cause allergic reactions. This helps decrease swelling, itching, and congestion.

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#### Dosage & Administration:

- **Adults and Children 12 years and older:**
  - **For Allergic Rhinitis:** 2 sprays in each nostril once daily (200 mcg total). Once symptoms improve, reduce to 1 spray per nostril (100 mcg total) for maintenance.
  - **For Nasal Polyps:** 2 sprays in each nostril twice daily (total daily dose: 400 mcg) or 2 sprays once daily depending on response.
- **Children 2-11 years:**
  - 1 spray in each nostril once daily (100 mcg total).

**Note:** Always follow the instructions provided by your healthcare provider.

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#### How to Use Mometasone Nasal Spray:

1. **Shake the bottle gently** before each use.
  2. **Prime the pump** if it is the first time using it or if it hasn't been used in 1 week. Pump until a fine mist appears (usually 6-7 sprays).
  3. **Blow your nose gently** to clear nasal passages.
  4. Insert the nozzle into the nostril, tilt your head slightly forward, and aim the spray towards the outer wall of the nose (not the septum).
  5. **Breathe in gently** while spraying. Do not inhale deeply.
  6. Repeat in the other nostril.
  7. **Wipe the nozzle** and replace the cap.
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#### Side Effects:

Common side effects may include:

- Nasal irritation or dryness
- Nosebleeds
- Sore throat
- Headache

Less common but serious side effects:

- Nasal ulceration
- Severe nosebleeds
- Fungal infections in the nose or throat
- Vision changes (rare but may indicate glaucoma or cataracts)

If you experience severe side effects, stop use and seek medical attention immediately.

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## Precautions:

- **Not for immediate relief** of nasal symptoms (it may take a few days to see full effects).
- **Use with caution** if you have a history of nasal infections, eye problems (glaucoma, cataracts), or recent nasal surgery.
- **Long-term use** may cause adrenal suppression; consult your doctor if prolonged use is necessary.
- **Pregnancy and Breastfeeding:** Consult your healthcare provider before use.

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## Storage:

- Store at room temperature (between 15°C-30°C or 59°F-86°F).
- Keep the bottle upright and away from direct sunlight.
- Do not freeze.

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## When to Seek Medical Advice:

- If symptoms do not improve within 2 weeks.
- Persistent nosebleeds or signs of infection (fever, severe pain).

- Blurred vision or other eye changes.

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Always use Mometasone Nasal Spray as directed by your healthcare provider. If you have any concerns or questions, consult your doctor or pharmacist.

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

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