

# Flunafeb 10 Tablet

## Flunarizine 10mg Tablet Information

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**Generic Name: Flunarizine**

**Strength: 10mg**

**Form: Tablet**

**Therapeutic Class: Calcium Channel Blocker (Selective)**

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## Description

Flunarizine is a selective calcium channel blocker with antihistaminic and vasodilatory properties. It is primarily used for the prophylaxis of migraine and management of certain vestibular disorders. It acts by reducing excessive calcium influx in cells, preventing vascular spasms and neuronal hyperexcitability.

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## Indications

Flunarizine 10mg tablets are indicated for:

- **Migraine prophylaxis:** Reducing the frequency and severity of migraine attacks.
  - **Vestibular disorders:** Treatment of vertigo associated with vestibular dysfunction.
  - **Adjunctive treatment:** Management of cerebrovascular insufficiency.
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## Dosage and Administration

- **Migraine Prophylaxis:**
  - **Initial dose:** 10mg once daily at bedtime.
  - **In elderly patients:** 5mg daily at bedtime to minimize sedation.
  - **Evaluate therapeutic response** after 6-8 weeks.
- **Vertigo:**
  - **10mg once daily, adjusted** based on clinical response.

**Note:** Treatment should not exceed 6 months without re-evaluation.

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## Contraindications

- **Hypersensitivity** to flunarizine or any of its components.
  - **Patients with a history of depression, parkinsonism, or other extrapyramidal disorders.**
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## Precautions

- **May cause sedation or drowsiness;** caution is advised when driving or operating machinery.
  - **Use cautiously in patients with liver impairment or epilepsy.**
  - **Avoid alcohol and CNS depressants** as they may enhance sedative effects.
  - **Prolonged use can lead to extrapyramidal symptoms or depression;** regular monitoring is recommended.
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## Side Effects

### Common side effects:

- **Drowsiness**
- **Fatigue**
- **Weight gain**
- **Dry mouth**

### Rare but serious side effects:

- **Extrapyramidal symptoms (tremors, rigidity)**
- **Depression**
- **Gastrointestinal disturbances**

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## Drug Interactions

- **Enhanced sedative effects with alcohol or CNS depressants.**
- **May interact with other calcium channel blockers or antihypertensive drugs, causing excessive hypotension.**

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## Storage Instructions

- **Store in a cool, dry place at a temperature below 30°C.**
- **Protect from light and moisture.**
- **Keep out of reach of children.**

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## Additional Notes

- **Flunarizine is not intended for the acute treatment of migraines but is effective for prophylaxis.**
- **Evaluate therapeutic benefits regularly to assess the need for continued use.**

- **Seek medical advice if unusual symptoms, such as tremors or persistent low mood, develop.**

**Always use under the supervision of a healthcare provider.**

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