

Information For the User

Paracetamol I.P. 250mg + Phenylephrine Hydrochloride I.P. 5mg + Cetirizine Hydrochloride I.P. 2.5mg + Sodium Citrate I.P. 25mg + Dextromethorphan Hydrobromide I.P. 5mg + Menthol I.P. 1mg Syrup

Coldstave DM Syrup

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Composition (per 5 ml)

- Paracetamol IP ... 250 mg
- Phenylephrine Hydrochloride IP ... 5 mg
- Cetirizine Hydrochloride IP ... 2.5 mg
- Sodium Citrate IP ... 25 mg
- Dextromethorphan Hydrobromide IP ... 5 mg
- Menthol IP ... 1 mg
- Excipients ... q.s.
- Colour: Approved colour used

Dosage Form

Oral syrup.

Therapeutic Category

Analgesic–Antipyretic, Antihistamine, Nasal Decongestant, Antitussive, Expectorant.

Pharmacology & Mechanism of Action

- **Paracetamol:** Inhibits prostaglandin synthesis in the CNS, reducing fever and relieving pain.
- **Phenylephrine:** Selective α -1 adrenergic receptor agonist causing nasal vasoconstriction and reduced congestion.
- **Cetirizine:** Selective peripheral H₁-receptor antagonist providing relief from allergic symptoms such as sneezing and runny nose.
- **Sodium Citrate:** Acts as a mucolytic, thinning mucus to ease its expulsion.
- **Dextromethorphan:** Centrally acting cough suppressant that elevates the cough threshold.
- **Menthol:** Provides cooling sensation and mild local anesthetic effect on the throat.

Indications

For the symptomatic relief of:

- Common cold
- Cough with nasal congestion
- Fever, sore throat, sneezing, and runny nose
- Mild pain or headache associated with cold symptoms

Dosage & Administration

- **Adults & children over 12 years:** 10 ml orally, 2–3 times daily.

- **Children 6–12 years:** 5 ml orally, 2–3 times daily.
- Or as directed by the physician.
- Shake well before use.

Contraindications

- Hypersensitivity to any ingredient in the formulation
- Severe hypertension or coronary artery disease (Phenylephrine)
- Patients on MAO inhibitors or within 14 days of stopping therapy
- Severe hepatic impairment

Warnings & Precautions

- Use with caution in patients with liver disease, kidney disease, hypertension, hyperthyroidism, diabetes, or prostatic hypertrophy
- Avoid alcohol while on this medication
- Not recommended for children under 6 years without medical supervision

Adverse Effects

- Common: Drowsiness, dry mouth, mild GI upset, dizziness
- Rare: Allergic reactions, palpitations, insomnia, elevated blood pressure

Drug Interactions

- Increased risk of hypertension with MAO inhibitors
- CNS depression enhanced with sedatives or alcohol
- Paracetamol metabolism affected by enzyme inducers (e.g., rifampicin, phenytoin)

Overdose

- Paracetamol overdose may cause severe liver damage; immediate medical attention required

Storage

Store below 25°C, protected from light and moisture. Keep out of reach of children.

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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