

Information For the User  
Clomiphene (100mg) + Melatonin (3mg) Softgel Capsule

# Clomihead M100 Softgel Capsule

**Brand Name:** Clomihead M100 Softgel Capsule

## **Composition:**

Each softgel capsule contains:

Clomiphene Citrate IP 100 mg

Melatonin IP 3 mg

## **Therapeutic Indication:**

Indicated for the treatment of female infertility associated with anovulation or oligo-ovulation  
Used to induce ovulation in women with polycystic ovary syndrome (PCOS) or unexplained infertility

Melatonin addition helps improve oocyte quality and regulate circadian rhythm, potentially enhancing fertility outcomes

## **Mechanism of Action:**

Clomiphene is a selective estrogen receptor modulator (SERM) that stimulates the release of gonadotropins (FSH and LH) from the pituitary gland

It promotes follicular development and ovulation

Melatonin regulates the sleep-wake cycle and exhibits antioxidant properties, supporting ovarian function and improving oocyte quality

The combination provides synergistic effects for ovulation induction and fertility enhancement

## **Dosage & Administration:**

Usual adult dose: one softgel capsule daily or as prescribed by the physician

Typically administered for 5 consecutive days starting on day 2–5 of the menstrual cycle

Take the capsule with water, preferably at the same time each day

Follow-up monitoring with ultrasound or hormonal assessment may be required

## **Contraindications:**

Hypersensitivity to Clomiphene, Melatonin, or any component of the formulation

Pregnancy or suspected pregnancy

Liver disease, uncontrolled thyroid or adrenal dysfunction

Pituitary tumor or ovarian cysts unrelated to polycystic ovaries

## **Warnings & Precautions:**

Monitor ovarian response to avoid ovarian hyperstimulation

Use with caution in women with pre-existing liver or kidney disease

Discontinue if vision disturbances or severe abdominal pain occur

Melatonin may cause drowsiness; avoid driving or operating machinery if affected

## **Side Effects:**

Common: hot flashes, headache, breast tenderness, mood swings, nausea

Less common: dizziness, visual disturbances, bloating

Rare: ovarian hyperstimulation syndrome, multiple pregnancy, severe allergic reactions

**Storage:**

Store in a cool, dry, and dark place below 25°C  
Protect from light and moisture  
Keep out of reach of children

**Packaging:**

Clomihead M100 Softgel Capsule is available in blister or strip packs

**Schedule:**

Schedule H Prescription Drug – To be sold by retail on the prescription of a registered medical practitioner only

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

Plot no.: 367-FF, Industrial Area Phase-I,  
Panchkula-134113

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