

## Information For the Use

Ubidecarenone (Coenzyme Q10) USP 100mg + Lycopene USP 5000mcg + Omega-3 Fatty Acids Providing B.P. Eicosapentaenoic Acid (DHA) 90mg + Docosahexaenoic Acid (DHA) 60mg + Mixed Carotene 10% 10.33mg + Wheat Germ Oil B.P. 25mg + Calcium Ascorbate USP 75mg + Vitamin B12 I.P. 5mcg + Selenium Dioxide Monohydrate USP 75mcg + Zinc Sulphate Monohydrate I.P. 27.45mg

# Calostyle Q10 Softgel

Ubidecarenone, Lycopene, Omega-3 Fatty Acids & Multinutrient Softgel

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## Composition

Each softgel contains:

- **Antioxidants:**
    - Ubidecarenone (Coenzyme Q10) USP: 100mg
    - Lycopene USP: 5000mcg
    - Mixed Carotene 10%: 10.33mg
    - Wheat Germ Oil B.P.: 25mg
    - Calcium Ascorbate USP (Vitamin C): 75mg
  - **Omega-3 Fatty Acids:**
    - Eicosapentaenoic Acid (EPA): 90mg
    - Docosahexaenoic Acid (DHA): 60mg
  - **Vitamins and Minerals:**
    - Vitamin B12 I.P.: 5mcg
    - Selenium Dioxide Monohydrate USP: 75mcg
    - Zinc Sulphate Monohydrate I.P.: 27.45mg
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## Indications

This softgel is indicated for:

- **Cardiovascular Health:** Promotes heart health by improving blood circulation and supporting healthy cholesterol levels.
- **Antioxidant Support:** Reduces oxidative stress, neutralizes free radicals, and prevents cellular damage.
- **Energy Production:** Coenzyme Q10 supports mitochondrial function and energy metabolism.
- **Brain Health:** Omega-3 fatty acids DHA and EPA enhance cognitive function and reduce inflammation.

- **Immune System Strength:** Selenium, Zinc, and Vitamin C boost immunity and protect against infections.
  - **Skin, Hair, and Eye Health:** Lycopene and carotenoids provide anti-aging benefits and support vision health.
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## Dosage

- **Recommended:** One softgel daily, preferably after meals, or as directed by a healthcare professional.
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## Key Benefits

1. **Heart Health:** Coenzyme Q10 and Omega-3s support cardiovascular function.
  2. **Enhanced Immunity:** Vitamin C, Zinc, and Selenium strengthen the immune response.
  3. **Energy Boost:** Coenzyme Q10 helps combat fatigue and improves cellular energy levels.
  4. **Antioxidant Protection:** Lycopene, carotenoids, and wheat germ oil protect against oxidative stress.
  5. **Brain & Vision Support:** DHA and carotenoids enhance cognitive function and maintain eye health.
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## Storage Instructions

- Store in a cool, dry place, away from direct sunlight.
  - Keep out of reach of children.
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## Precautions

- **Consult your doctor before use if you are pregnant, nursing, or on other medications.**
  - **Avoid if allergic to any ingredient.**
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### **Holistic Health Formula**

**This softgel combines essential nutrients to provide comprehensive support for heart health, immunity, energy, and overall vitality.**

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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