

Information For the User  
Alfuzosin (10mg) + Dutasteride (0.5mg) tablet

# Alfuxyle D PR Tablet

**Brand Name:** Alfuxyle D PR Tablet

**Composition:**

Each prolonged-release tablet contains:

Alfuzosin Hydrochloride IP 10 mg (as prolonged-release)

Dutasteride IP 0.5 mg

**Therapeutic Indication:**

Indicated for the treatment of moderate to severe symptoms of benign prostatic hyperplasia (BPH) in adult men

Helps relieve lower urinary tract symptoms (LUTS) improves urinary flow and reduces the risk of acute urinary retention and need for prostate surgery

Recommended for long-term management of BPH where both symptom control and prostate size reduction are desired

**Mechanism of Action:**

Alfuzosin is a selective alpha-1 adrenergic receptor blocker that relaxes smooth muscle in the bladder neck and prostate leading to improved urine flow and reduced bladder outlet resistance

Dutasteride is a dual 5-alpha-reductase inhibitor that blocks the conversion of testosterone to dihydrotestosterone (DHT) the primary androgen responsible for prostate growth

The combination provides rapid symptom relief through Alfuzosin and long-term prostate volume reduction through Dutasteride

**Dosage & Administration:**

Usual adult dose: one tablet once daily after the same meal each day or as prescribed by the physician

Do not crush or chew the tablet swallow whole with water

Therapeutic response may take a few weeks to months for full benefit

Long-term continuous use is recommended

**Contraindications:**

Hypersensitivity to Alfuzosin Dutasteride or any component of the formulation

Severe hepatic impairment

Women and children

Men undergoing cataract or glaucoma surgery should inform their ophthalmologist due to risk of intraoperative floppy iris syndrome

**Warnings & Precautions:**

Use with caution in patients with mild to moderate hepatic dysfunction

Monitor blood pressure especially for orthostatic hypotension during initiation

Dutasteride is absorbed through skin contact pregnant women or those trying to conceive should not handle broken tablets

Monitor PSA (Prostate-Specific Antigen) levels during treatment as Dutasteride lowers PSA concentrations

**Side Effects:**

Common: dizziness headache decreased libido ejaculation disorders erectile dysfunction breast tenderness

Less common: rash gynecomastia fatigue gastrointestinal upset

Rare: allergic reactions angioedema liver enzyme elevation

**Storage:**

Store in a cool dry and dark place below 25°C

Protect from light and moisture

Keep out of reach of children

**Packaging:**

Alfuxyle D PR Tablet is available in alu-alu or blister strip packs

**Schedule:**

Schedule H Prescription Drug – To be sold by retail on the prescription of a registered medical practitioner only

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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